



# Course Specification

— (Bachelor)

Course Title: **Family Health**

Course Code: **PHE26463**

Program: **Bachelor of Sciences in Public Health**

Department: **Public Health**

College: **Applied Medical Sciences**

Institution: **University of Bisha**

Version: **1**

Last Revision Date: **2-8-2023**





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## A. General information about the course:

### 1. Course Identification

#### 1. Credit hours:

3 (3+0)

#### 2. Course type

A.  University  College  Department  Track  Others

B.  Required  Elective

3. Level/year at which this course is offered: 7<sup>th</sup> level 4<sup>th</sup> year

#### 4. Course general Description:

Focuses on public health issues and challenges in reproductive, maternal and child health. The impact of various common health problems at different stages of the life cycle and their functional outcomes in terms of morbidity, mortality, reproduction and growth will be highlighted.

#### 5. Pre-requirements for this course (if any):

NA

#### 6. Co-requirements for this course (if any):

NA

#### 7. Course Main Objective(s):

- Equip students with knowledge on the concepts and issues in reproductive, maternal, child health in a national and global context.
- Equip students with skills to analyze the risk factors and outcomes of the major health problems that are present during pregnancy, infancy, childhood and adolescence.
- Equip students with knowledge on the health disparities in maternal and child health and the influence of economic, biological and social factors that contribute to these disparities.
- Develop students' skills in developing advocacy and effective public policy strategies for improving reproductive, maternal and child health.

### 2. Teaching mode

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	38	84.4%
2	E-learning	4	8.9%
3	Tutorial		
4	Interactive learning	3	6.7%
5	Practical		

### 3. Contact Hours

No	Activity	Contact Hours
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1.	Lectures	38
2.	E-learning	4
3.	Practical	
4.	Interactive learning	3
5.	Seminars	
6.	Self-Learning	67.5
<b>Total</b>		<b>112.5</b>

## B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
<b>1.0</b>	<b>Knowledge and understanding</b>			
1.1	Explain the key concepts in reproductive, maternal and child health.	K2	Lectures Discussion	Blackboard blogs , Quiz Written exam
1.2	Describe the determinants of health that influence reproductive, maternal and child health status.	K1		
<b>2.0</b>	<b>Skills</b>			
2.1	Conduct an assessment of the reproductive, maternal and child health issue	S1	Interactive learning	In class, In lab evaluation
2.2	Propose public health interventions in addressing issues and challenges in reproductive, maternal and child health.	S2		
<b>3.0</b>	<b>Values, autonomy, and responsibility</b>			
3.1	Observe professional, moral, religious and ethical standards in the provision of public health strategies addressing reproductive, maternal and child health.	V1	lectures Interactive learning	In class, In lab evaluation, Field visit report

## C. Course Content

No	List of Topics (Theory)	Contact Hours
1	Introduction to reproductive, maternal and child health	3
2	Reproductive Health	3
3	Perinatal and Infant Health	3
4	Health of Young Children	6



5	Health of the School Aged Child	6
6	Adolescent Health	6
7	Needs assessment, implementation, and evaluation of reproductive, maternal and child health programs (KSA MOH programs e.g., Pre-marriage counseling, etc.)	6
8	Interventions to improve reproductive, maternal and child health.	6
9	Strategies for communicating reproductive, maternal and child health needs	6
<b>Total</b>		<b>30</b>

#### D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Quizzes	4 <sup>th</sup>	5%
2.	E Quiz	10 <sup>th</sup>	5%
3.	Blackboard blogs/Field visit report	13 <sup>th</sup>	10%
4.	Midterm Examination	8 <sup>th</sup>	30%
5.	Final Examination	End of semester	50%
<b>Total</b>			<b>100%</b>

#### E. Learning Resources and Facilities

##### 1. References and Learning Resources

<b>Essential References</b>	<ol style="list-style-type: none"> <li>1. Kotch, Jonathan (2013). <i>Maternal and Child Health: Programs, Problems, and Policy in Public Health</i>: Jones &amp; Bartlett Publishers, Inc. ISBN-13: 978-1449611590</li> <li>2. Black, R., Laxminarayan, R., Temmerman, M. and Walker, N. (2016). <i>Disease Control Priorities: Reproductive, Maternal, Newborn and Child Health (3<sup>rd</sup> Ed Volume 2)</i>. Washington, DC: World Bank. doi:10.1596/978-1-4648-0348-2</li> <li>3. Fraser, Michael R. (2013). <i>Bringing it all together: effective maternal and child health practice as a means to improve public health</i>.</li> </ol>
<b>Supportive References</b>	-
<b>Electronic Materials</b>	<p><a href="https://www.ncbi.nlm.nih.gov/books/NBK361907/pdf/Bookshelf_NBK361907.pdf">https://www.ncbi.nlm.nih.gov/books/NBK361907/pdf/Bookshelf_NBK361907.pdf</a></p> <p><a href="http://cchealth.org/groups/lifecourse/pdf/2009_10_meeting_report_final.pdf">http://cchealth.org/groups/lifecourse/pdf/2009_10_meeting_report_final.pdf</a></p>
<b>Other Learning Materials</b>	1. Saudi digital library





## 2. Required Facilities and equipment

Items	Resources
facilities	Middle size classroom
Technology equipment	1. Multimedia projector • Smart board
Other equipment	• NA

## F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Students, Faculty, Quality committee	Direct / indirect - Using well-structured questionnaire
Effectiveness of student's assessment	Faculty members Peer Reviewer	Direct / indirect - Continuous reviewing and course portfolio
Quality of learning resources	Faculty members Curriculum committee	Direct / indirect - Annual review course report
The extent to which CLOs have been achieved	Course coordinator	Direct / indirect

## G. Specification Approval

COUNCIL /COMMITTEE	PH DEPARTMENT BOARD
REFERENCE NO.	
DATE	

